

A wooden maze is constructed on a dark, rich wood surface. The maze is made of light-colored wooden strips, creating a complex path of interconnected lines and turns. The lighting is dramatic, with strong highlights on the edges of the maze and deep shadows in the recesses, emphasizing its three-dimensional structure.

# Navigating the transition to High School

A resource guide for students and parents

# Agenda

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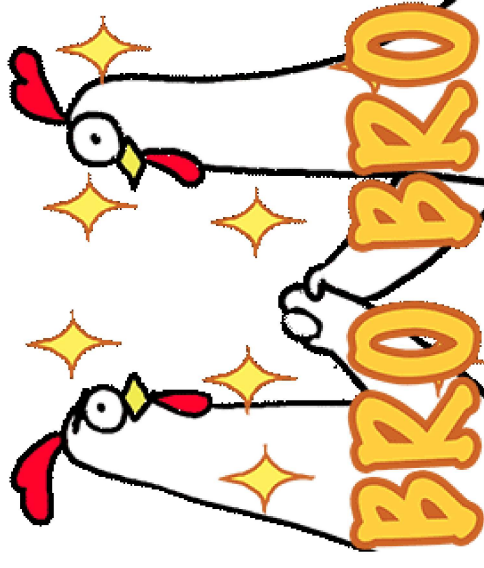
- Welcome and Introductions-5 minutes
- Logistics-5 minutes
- Presentation-20 minutes
- Questions/Answers-30 minutes



# Introductions

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- John Schweller
- School Counselor
- Chet F Harritt/Hill Creek
- [john.schweller@santeesd.net](mailto:john.schweller@santeesd.net)



# Logistics

- Please stay on “Mute” during the presentation
- Ask questions using the chat feature
- Questions will be answered at the end, participants will have a chance to talk
- Webinar is recorded and will be posted on the SSD counseling website for other parents to view later. This includes the Q&A portion.



# A sad story





# HS Graduation vs UC/CSU requirements

## HS Graduation Requirements

- English-40 Credits=4 years
- Social Science-40 Credits=4 years
- Math-30 Credits=3 years
- Science-20 Credits=2 years
- Visual/Performing Arts **or**
- Foreign Language-10 Credits=1 year
- PE-20 Credits=2 years
- Electives-60 Credits
- Total 220 Credits

## UC/CSU Requirements "a-g"

- English-4 years College Prep
- History-1 year US History/1 year World History
- Math-3 years-Algebra 1, Geometry, Algebra 2
- Science-2 years with Laboratory
- Visual/Performing Arts-1 year long course in the same discipline
- Foreign Language-2 years in the same language
- Elective-1 year in an academic elective
- Total-15 year long courses-Grades must be "C" or better

# Typical 9<sup>th</sup> Grade (Freshman) Schedule

- 9<sup>th</sup> Grade English-10 Credits
- Global Studies/Geography-10 Credits
- PE-10 credits
- Math-10 Credits
- Elective-20 Credits
- Total-60 Credits
  
- Santana has required Elective for Freshman-either AVID or Career Exploration

SCHEDULE			
Name:			
Period	Class	Teacher	Room

SCHEDULE			
Name:			
Period	Class	Teacher	Room

# Sample Four Year Plan

9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
English	English	English	English
Math	Math	Math	Elective
SS/History	SS/History	SS/History	SS/History
Art or F. Language	Science	Science	Elective
PE	PE	Elective	Elective
Elective	Elective	Elective or Free	Elective or Free



# Some things to consider when planning



What do your middle school grades look like?



Are you planning to go straight to a 4-year college following graduation?



Are you planning to play a sport/sports?



Are you interested in performing arts- drama/band/choir, etc.



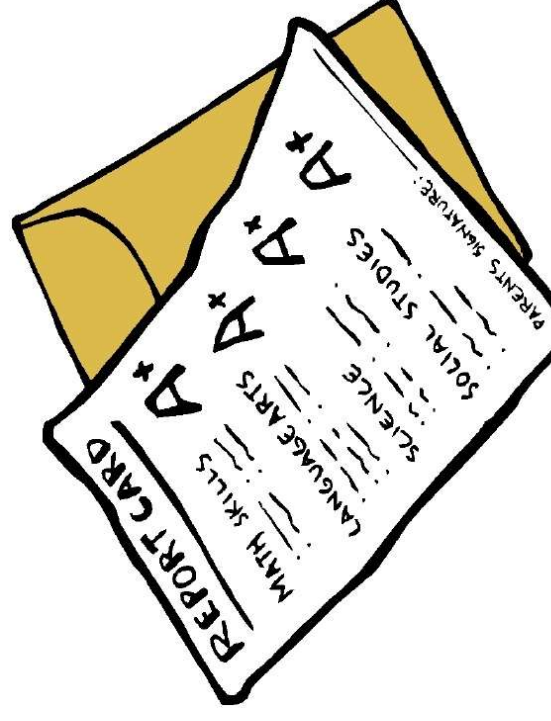
How much homework can you handle?



Are you interested in career pathways?

## 3 keys to Academic success

- 1) **Show up**-Attend school daily and get to class on time
- 2) **Pay attention**-Take notes on whatever is happening in class
- 3) **Do homework or study**-spend a minimum of half an hour of time per academic subject per night



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## Advice from students to students

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- Organize your binder by subject and write down assignments daily
- Join a club
- Do the extra credit assignments
- Build a relationship with your teachers
- Ask questions in class
- Don't be afraid to ask for help
- Look for opportunities to get involved on campus
- Community service is important for college applications

# Advice from parents

- Help your child set up a place to do homework/study
- Learn how to access the campus portal
- Get to know your child's counselor
- Encourage your child to get involved in school activities
- Look at peer influences-good friends keep them away from negative issues
- Be interested and involved in what is happening at school



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# More Thoughts

- Campus size-take a tour
- Multiple classes to manage
- Oldest to youngest
- Leave a legacy
- School spirit
- Make a difference-people remember how you made them feel
- Get off on the right foot
- Personal pride in grades-D and F list excuses
- Peer Pressure-stay true to who you are

# Questions/Answers

